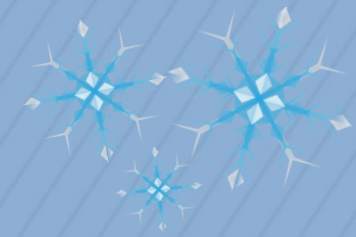







# JANUARY | 2018

## LUNCH at DIS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <i>New Year's Day</i> <b>No School</b> 	<b>2</b> <i>Staff Development</i> <b>No School</b> 	<b>3</b> BBQ CHICKEN SAND. Whole Grain Bun Cowboy Baked Beans Potato Salad Tater Tots Pineapple Chunks Low Fat Milk Choice	<b>4</b> FRIED CHICKEN DRUMSTICKS Mashed Potatoes Grandma's Green Beans Fried Apples or Fresh Pear Country Dinner Roll Low Fat Milk Choice	<b>5</b> BACON CHEESEBURGER Whole Grain Bun Seasoned Fries Rom. Lett./Tom./Pickles Banana Low Fat Milk Choice
<b>8</b> PEPPERONI CALZONE Garden Salad or Cucumber/Carrot Cup Whole Kernel Corn Fresh Apple Low Fat Milk Choice	<b>9</b> CHICKEN CHUNKS Mc & Cheese! Green Beans Mixed Fruit Sister Schubert Roll Low Fat Milk Choice	<b>10</b> CHILI 1/2 Ham Cheese or Turkey Cheese Sand. Baby Carrots w/Ranch Wgr Crackers Sliced Peaches Low Fat Milk Choice	<b>11</b> BBQ RIB SANDWICH Whole Grain Bun Hash Brown Patty BB Carrots / Pickles Mixed Fruit Low Fat Milk Choice	<b>12</b> CHEESEBURGER or FISH SANDWICH Wgr Bun /Seasoned Fries Rom. Lett./Tom./Pickles Sliced Banana Peppers Mandarin Oranges Low Fat Milk Choice
<b>15</b> <i>Martin Luther King Day</i> <b>No School</b> 	<b>16</b> ROTINI with MEAT SAUCE Tossed Salad Italian Veggie Mix Dinner Roll Diced Peaches Low Fat Milk Choice	<b>17</b> MOZZ. CHEESE SQUARES with MARINARA SAUCE Garden Salad or Carrot Sticks w / Ranch Whole Kernel Corn Mix Mandarin Oranges Low Fat Milk Choice	<b>18</b> CHICKEN STRIPS Broccoli & Cheese Potato Smiles Pineapple Chunks Wgr Dinner Roll Low Fat Milk Choice	<b>19</b> CHEESEBURGER Whole Grain Bun Seasoned Fries Rom. Lett./Tom./Pickles Banana Low Fat Milk Choice
<b>22</b> CHICKEN BREAST FILLET Cowboy Baked Beans Potato Smiles Mx Veggie Cup w/ Ranch Country Dinner Roll Applesauce Cup Low Fat Milk Choice	<b>23</b> CHILI HOT DOG Whole Grain Bun Whole Kernel Corn Hash Brown Patty Sliced Peaches Low Fat Milk Choice	<b>24</b> PEPPERONI CALZONE Garden Salad or Cucumber/Carrot Cup Whole Kernel Corn Mixed Fruit Low Fat Milk Choice	<b>25</b> CHICKEN SLIDERS Broccoli & Cheese Mashed Potatoes Pineapple Chunks Wgr Dinner Roll Low Fat Milk Choice	<b>26</b> BACON CHEESEBURGER Wgr Bun /Seasoned Fries Banana Rom. Lett./Tom./Pickles Sliced Banana Peppers Low Fat Milk Choice
<b>29</b> CORN DOG Italian Veggie Blend Tater Tots Sliced Peaches Low Fat Milk Choice	<b>30</b> GRILLED CHICKEN FILLET Mashed Potatoes Green Beans Pineapple Tidbits Country Dinner Roll Low Fat Milk Choice	<b>31</b> 4x6 PEPPERONI PIZZA Side Salad or Cucumber/Carrot Cup Whole Kernel Corn Mixed Fruit Low Fat Milk Choice		

**NEWS**

Welcome to DIS!

**We'll be looking for YOU at Breakfast & Lunch**

*Hope you're Hungry!!*

**Lunch 6-12**

Full Pay: \$2.75  
 Reduced: \$0.30  
 Staff: \$3.50  
 Visitor: \$3.75

**Just a few reminders:**

You may view/manage your child's School Nutrition account and make online payments by going to:

[www.lunchprepay.com](http://www.lunchprepay.com)

Before you begin, you will need your child's **seven digit student ID number** and choose **PREMIUM** for your service.

**Free/Reduced applications** are available at all schools in the **front office**, with the **school nutrition manager** or online at:

[www.lunchapplication.com](http://www.lunchapplication.com)

For more information call the DIS School Nutrition Manager, Peggy Bean at: **615-740-5828**

*"Removing the Hunger Barrier"*

**Menu subject to product availability**

